

## JUST PAWS TRAINING

### Basic Commands For *the Adolescent Dog*

#### Sit

Sit for everything and everyone.

Palm up, arm up right out in front of you. Simultaneously you motion using your hand signal and verbally instruct them to Sit. When they sit reward with verbal praise then offer (lure) treat in your hand.

#### Down

Down, a command for training your pup to 'Go lay down'.

Work on Down from your sit position and stand position. Vary the body positions so they learn and understand the command independently.

Palm of your hand down leading your dog's nose right down between their paws. When they lay down, reward with verbal praise then offer (lure) treat in your hand.

#### Stand

A command Veterinarians, Groomers or you would use to put on leashes, harnesses or Head-collars.

Lure (treat) in hand just below your dog's muzzle, draw your hand and lure forward toward the ground and repeat the command Stand. If your lure and hand signals are too high your dog will automatically sit. If your hand signal and lure are too low your dog will lay down.

#### Touch

Place your hand out to your side nose level and say, "TOUCH". As they turn and their nose touches your hand give praise and reward with a treat!

#### Find-it

Show your dog a treat in your hand and toss it out a just past your dog's nose and say, "Find-it!"

After they take the treat and come back to you repeat the exercise, move around taking 1-2 steps in various directions.

#### Touch the collar "Got-cha"

Get your dog adjusted to people reaching, touching, and grabbing their collar.

Let your dog see, smell and taste the treat in your hand **before** you reach and grab for the collar.

ONLY when they've taken the treat, gently reach for their collar and say, "collar grab"

#### Be a TREE!



#### Great attention seeking exercise

A great silent exercise to help capture and keep your dog's attention on you when you have your dog on leash.

Leash your dog up, take a couple steps and stop...Wait for your dog to turn around, look at you and come sit in front of you.

CLICK, reward with food.

Continue again with another step in a different direction, stop and wait for your dog to turn, look at you and come sit front and of you. CLICK, REWARD, PET and TREAT

Do not make any cuing, sounds or signals, as this will trigger your dog to check in with you. You're looking to teach your dog to automatically come and check in with you without a verbal command.

#### Tip

If your dog will not look at you and you absolutely have to move on, take a treat and wave it right past their nose to see if this will capture their attention to look at you.

#### OFF

Used for jumping up and staying off things like counters and furniture. Give the command far enough in advance before they actually jump up. Turn away and give no attention if they put their paws on you, say the command and turn back to reward once they have all four paws on the floor.

#### ON YOUR BED/ SPOT/ MAT

Use your pointer finger to direct your pup to their place. Don't use treats to lure them, only reward when they are on their spot. This command and placement together is great for your pup to learn to stay on their spot while greeting new people in your home **BACK UP**

Use this when they creep out of their Stay commands; use your body and hand-signal to redirect and to back them up

**STAY**

Down Stay, Stand Stay and Sit Stay all separate commands to work on

**LEAVE-IT /TAKE-IT**

Do not allow your pup to take treats off the ground, pick them up and offer them to take it. This helps to prevent scavengers (grabbing things off the floor)

Use this command for distraction work, out on walks with objects.

**WAIT vs. STAY**

Wait is used in action, when walking, going through doorways at corners etc.

You never call your dog from a Stay, go up and touch them and give them a verbal command (release, go play, be free)

**COME-HERE!**

Using the word *HERE* travels much better in the distance vs. *COME* , The tone in your voice when using the commands *HERE* tends to fluctuate upward with a more positive happy sound.

**HEEL / WITH-ME**

With-me is used when making turns, going across the street and keeping them close and engaged with you.

Heel is when you are moving with your dog and want them to keep close by your side.